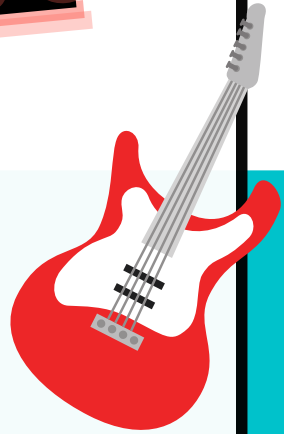


50 Days of Rock' n Fitness



Starts: Tuesday, December 8, 2020

Ends: Tuesday, January 26, 2021



Celebrate Glidewell's 50th year with 50 days of rock' n fitness workouts!

How to Win:

- Complete 7 Rock' n Fitness activities to win a Glidewell extreme gift bundle.
- Walk or run 50 miles in 50 days for a chance to win a \$50 Amazon gift card.*
- Walk or run 150 miles in 50 days for a chance to win a \$150 Amazon gift card.*

*Winners will be selected from a random drawing.

How to sign up:

Print a copy of the rules and waiver from the ESS Health & Wellness page and email it to Wellness@glidewelldental.com by Tuesday, December 8.

